

# C520r RECUMBENT CYCLE

## PERFORMANCE SERIES

C520r Cycle



PROGRAMS
Hill (x3)
Interval
Custom Interval
Track
Random (x60,000)
Weight Loss HRC
Cardio HRC
ZoneTrainer™
Quick Start
4 User IDs
FEEDBACK
Speed
WATTS
Calories
Calories/hr
RPM
Distance
Time
Resistance Level
Heart Rate
Target Heart Rates
DISPLAY
Tri-color dot matrix with LEDs
Programmable without pedaling
ActivZone™ Icon

ADVANCED FEATURES
Adjustable mesh seat back
Unique step-through design
Lumbar pouch
Adjustable seat pad
HEART RATE TOOLS
Personal CardioAdvisor™
Telemetry Heart Rate, HRC
MAX USER WEIGHT
400 lbs.
WEIGHT
179 lbs.
RESISTANCE
20 Levels/Electromagnet
POWER SUPPLY
Self-generating with 2 minute backup
DIMENSIONS
66" x 26" x 51"
RESIDENTIAL WARRANTY
Lifetime frame
10 years parts
5 years electronics
1 year labor
COMMERCIAL WARRANTY
4 hours max usage per day
2 years parts/ 1 year labor

## KEY FEATURES

Patented adjustable mesh seat back with comfortable, breathable mesh provides air flow throughout the workout to keep you cool and comfortable

Unique step-through design allows easy access

Lumbar pouch allows for hot or cold packs and supports low back.



The C520r features a state-of-the-art tri-color dot matrix display with Personal CardioAdvisor™ for accurate heart rate feedback. Multiple programs keep your workouts fresh.



[www.FitnessLifestyles.com](http://www.FitnessLifestyles.com)

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