

LINE › FreeMotion
TYPE › selectorized

DUAL CABLE CROSS

MODEL › GZFM6024
FEATURE › arms rotate vertically & horizontally
› ADA compliant



FEATURES AND BENEFITS

Swivel Pulleys › Pulley design ensures fluid cable travel and provides nearly unlimited range of motion.

Independently Rotating Arms › Each arm rotates vertically and horizontally with 12 vertical and 9 horizontal settings to accommodate virtually any movement pattern. Arms are counterbalanced for easy positioning.

Independently Moving Handles › Handles can move independently for virtually unlimited exercises.

ADA Compliant › Compliant with Americans with Disabilities Act for wheelchair accessibility.

Cable Travel › Extensive cable travel allows for full exercise extension or flexion, single arm: 92 inches (234 cm), two arms: 92 inches (234 cm).

Weight Stacks › Enclosed weight stacks limits access to moving parts for user safety. Dual independent stacks allow two members to workout simultaneously.

Industrial Construction › Equipment is built with 11- and 7-gauge steel and is electrostatically powder-coated.

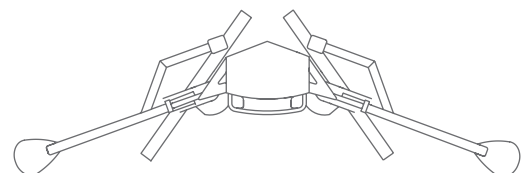
Kick Plates › 16-gauge, stainless steel kick plates protect the machine from wear and tear.

SPECS › Selectorized Dual Cable Cross

MODEL GZFM6024

Dimensions (LWH)	70" x 122" x 95" (178 cm x 310 cm x 241 cm)
Effective Resistance	per arm – 75 lbs. (34 kg)
Weight Stack Configuration	2.5 – 75 x 2.5 lbs. (1.13 – 34 x 1.13 kg) per weight stack
Weight	1150 lbs. (522 kg)
Cable Diameter	3/16-inch rated to 2,000 lbs.

Top View



› WARRANTY

10 YEARS: STRUCTURAL FRAME

3 YEARS: BEARINGS, GUIDE RODS, PULLEYS, WEIGHT STACKS

1 YEAR: CABLES

1 YEAR: LABOR

120 DAYS: UPHOLSTERY, HANDLES & ACCESSORIES



LINE › FreeMotion
TYPE › cardio

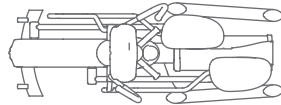
ELLIPTICAL TRAINER



MODEL › FMEL4505P
FEATURE › Elliptical Trainer shown with workout TV
OPTION › FMEL4255P with basic console



Top View



The most natural moving elliptical in the most practical footprint. The FreeMotion Elliptical Trainer features superior construction and unique rear-access design to maximize your floor space without compromising durability or functionality. Your members will feel the difference of the patented footpath, giving them a natural striding motion.

FEATURES AND BENEFITS

Rear-access Design › Space-efficient, rear access design allows users to safely enter/exit the machine from the back.

Patented Footpath › Unique footpath provides users with comfortable, natural striding movement.

ERS™ › Custom designed ERS (Electromagnetic Resistance System) applies constant resistance to the flywheel and generates power to the Basic Console.

QuickTouch Resistance › Adjust resistance from 1 to 10 by simply touching a QuickTouch button, or scroll through 20 resistance levels in 0.5 increments.

QuickTouch Programs › Users can begin training with one of eight preprogrammed workouts at the touch of a button.

Belt Drive › Smooth belt drive system provides quiet, consistent operation and requires very little maintenance.

Heart Rate › Pulse information can be displayed on the console via contact sensors or Polar® compatible wireless telemetry.

Wheel Track › The covered wheel track limits access to moving parts and prevents debris from entering for less maintenance.

SPECS

› FreeMotion Elliptical Trainer

MODEL FMEL4505P (TV Console), FMEL4255P (Basic Console)

Dimensions (LWH)	78" x 28" x 71" (198 cm x 71 cm x 180 cm)	Display Type	24 Character Alphanumeric Display
Product Weight	380 lbs. (142 kg)	Display	Resistance, Time, Segment Time, Pace, Distance, Calories, Heart Rate, % Max . Heart Rate, Speed, Watts, RPM
Resistance	0.5 to 10, Scrolling in 0.5 increments for 20 levels	Power Requirements	Self Powered, Workout TV Requires Included 12 Volt Wall Transformer
Heart Rate	Grip Pulse Sensors and Polar® Compatible Wireless Telemetry	Cable Requirements	Coaxial Cable for Workout TV Console
Programs	Cardio, Pulse, Manual, Random, Interval, Quick Start, Foothills, Peaks, All-terrain	In-club Entertainment	Cardio Theater® and BroadcastVision® Compatible
Maximum User Weight	350 lbs. (159 kg)	Network Capabilities	FitLinxx® Certified

› WARRANTY

LIFETIME: FRAME

2 YEARS: PARTS

1 YEAR: LABOR



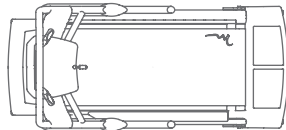
LINE › FreeMotion
TYPE › cardio

INCLINE TRAINER

- MODEL › FMTK7506P
- FEATURE › Incline Trainer shown with workout TV
- OPTION › FMTK7256P with basic console



Top View



DRVS™ – Direct Rear Velocity System: The FreeMotion Incline Trainer is driven by a one-of-a-kind, rear-drive motor system that delivers quality performance with the most comfortable deck cushioning. By positioning the motor at the back, the running surface has a smooth, spacious feel while making it easy to access the motor during routine maintenance.

FEATURES AND BENEFITS

Motor › DRVS™, Direct Rear Velocity System; a self-cooling 5.0 HP high torque AC speed control motor, positioned in the back of the machine for a smoother running surface and easier maintenance.

Cushioning › By combining BioStride® urethane deck isolators and the DRVS motor system, users experience additional cushioning as the deck is able to give with every foot strike.

QuickTouch™ Incline › Adjust incline from -3 to 30% by simply touching a button or scrolling in 0.5% increments.

Maintenance-free Belt › 22" x 60" (56 cm x 152 cm), 2-ply belt requires no lubrication for years of smooth, consistent use.

Lift Motor › Specifically designed for the Incline Trainer, this AC lift motor provides 1500 lbs. of lift force for smooth, consistent deck movement and stabilization.

Deck › Double coated with phenolic resin on both sides of the deck to last twice as long when flipped during general maintenance.

Serviceability › The unique DRVS system makes routine, preventative maintenance easy because the hood is positioned at the back of the machine.

Heart Rate › Pulse information can be displayed on the console via contact sensors or Polar® compatible wireless telemetry.

SPECS

› FreeMotion Incline Trainer

MODEL FMTK7506P (TV Console), FMTK7256P (Basic Console)

Dimensions (LWH)	80" x 37" x 78" (203 cm x 94 cm x 198 cm)	Maximum User Weight	350 lbs. (159 kg)
Product Weight	606 lbs. (275 kg)	Display	Time, Segment Time, Pace, Distance, Calories, Watts, Heart Rate, % Max. Heart Rate, Speed, Incline, Vertical Feet
Motor	5.0 HP AC, DRVS Motor System and Controller	Power Requirements	120 Volts, 20 Amp Dedicated Circuit
Treadbelt	22" x 60" (56 cm x 152 cm)	Cable Requirements	Coaxial Cable for Workout TV Console
Speed Range	0.5 - 12 MPH (Max. Speed of 10 MPH at Declines Less than 0%)	In-club Entertainment	Cardio Theater® and BroadcastVision® Compatible
Incline Range	-3 to 30%	Network Capabilities	FitLinxx® Certified

› WARRANTY

LIFETIME: FRAME 3 YEARS: PARTS AND LABOR